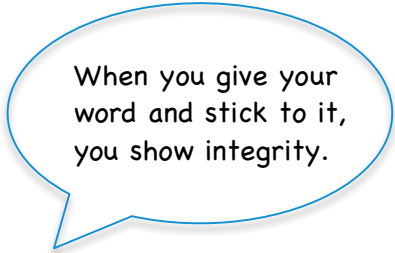


Importance of Integrity

Name: _____

Date: _____



What does the word “integrity” mean to you?

The video *Importance of Integrity* can help you understand what integrity is and why it matters.

Watch the video *Importance of Integrity* at least once. Then read each statement below. Think carefully about each question before you answer it.

1. The video begins by telling you that integrity is of the “utmost importance.”

What are some words that have a similar meaning to “utmost”?

2. To understand the importance of integrity, it’s helpful to have a good understanding of what this word means.

Have you seen or heard the word *integrity* before? ___ Yes ___ No ___ Not sure

Read the definition. Then fill in the chart to tell what *integrity* means to you.

Integrity: “The quality of being honest and strong about what you believe to be right”
(*The American Heritage Dictionary of the English Language*, online)

Integrity	What integrity means to me:
Words that relate to integrity:	Examples of integrity:

3. A speaker in the video says that to have integrity, you must be honest.

What are some other important characteristics of integrity? Complete the sentences with these words. We filled in one for you.

To have integrity, you must be responsible .

To have integrity, you must be _____ .

To have integrity, you must be _____ .

4. The video explains that integrity is “doing the right thing even when there’s nobody there to know whether you did the right thing.”

What does this mean to you? Give an example.

5. In the video, listeners learn that having integrity means you don’t “cut corners.” “Cutting corners” means finding an easier way to do something, but not as well.

What is a job you do in school, at home, or in your community?

What might happen if you “cut corners” doing this job?

6. The word *integrity* comes from the word *integer*, which means “whole.” In math, integers are numbers that are not fractions or decimals (like $\frac{1}{2}$ and .5).

How is having *integrity* remind you of the meaning of *integer*?

7. Two speakers in the video talk about the importance of “your word.” When you keep your word, people know they can count on you.

What does keeping your word mean in each example?

You're babysitting tonight, and said you could be there by 7 PM:

You borrowed a book, and said you'd take good care of it:

You want to go to your friend's, and promise you'll be home on time for dinner:

8. The video explains that integrity is very important for success in life.

What is a goal you have for your future?

How do you think having integrity will help you achieve this goal?

