Be Confident

The video “Be Confident” teaches you that having confidence can help you achieve your goals. A role model says, “Who you are is awesome! If you have that kind of confidence, then you can take over the world.” That doesn’t mean you’ll really take over the world! But it does mean that if you believe in yourself, you can do amazing things.

Try This!
Imagine that you’re being interviewed for your favorite magazine. Read the interview questions. Then answer them to talk about what makes you awesome!

The Awesome ____________!

Question: What are three awesome things about you?

Answer: ______________________________________________________
______________________________________________________________
______________________________________________________________

Q: What goal are you most proud of reaching so far?

A: ______________________________________________________
______________________________________________________________
______________________________________________________________
Question: What steps did you take to reach your goal?

Answer: ____________________________________________________________
__________________________________________________________
__________________________________________________________

Q: What is a goal you have for your future? Why is this important to you?

A: ____________________________________________________________
__________________________________________________________
__________________________________________________________

Q: What steps can you take to reach your goal?

A: ____________________________________________________________
__________________________________________________________
__________________________________________________________

Q: What advice do you have for younger girls about reaching their goals?

A: ____________________________________________________________
__________________________________________________________
__________________________________________________________