Career Exploration 101: Independent Learning Guide

The 31 role models in the video “Career Exploration 101” share what they like best about their careers. It’s never too early to begin thinking about a career that you will enjoy!

Watch the video “Career Exploration 101” at least once. Then read each statement below. Think carefully about each question before you answer it.

1. Each role model in the video shared something they really liked about their career.

   Is it important to find some things you really like about your career? Explain your answer.

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2. The role models in the video name different things that they liked about their careers. For example, they said they liked to help children, keep people safe, solve problems, and so on.

   Which career on the video sounded like one you would be interested in and why?

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3. Many of the role models said they liked helping people the most.

Is being able to help people important to you? Why or why not?
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4. Some of the role models said they liked being able to be creative in their careers.

Do you think creativity will be important in your career? Why or why not?
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5. Several role models said they liked solving problems the most.

Would you enjoy solving problems in your career? Why or why not?
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6. Many of the role models said they enjoyed teaching and sharing information with others.

What would you enjoy teaching to others and why?
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7. Some of the role models said they enjoyed helping others to live safer lives.

Would you enjoy a career that keeps people safe? Why or why not?
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8. A few of the role models said they liked helping children and animals.

Tell why working with children or animals would or would not be a good career for you.
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