



Name:

Date:

Taking Initiative: Independent Learning Guide

The role models in the video **"Taking Initiative"** share about the power of taking initiative and how stepping up to ask for more responsibility can change your life.

Watch the video "Taking Initiative" at least once. Then read each statement below. Think carefully about each question before you answer it.

1. One role model told us that, "Taking initiative is a way to give yourself power."

How does taking initiative give you power?

Can you think of an example of a time that you took initiative? How did it give you power? Explain your answer.



- 2. Listeners learned that taking initiative isn't only something to do at school. You should also be taking initiative in your personal life.**

What are some ways that you might take initiative in your personal life? List at least one thing that you can do this week to take initiative in your personal life.

- 3. We heard one role model say, "When you see something that's not being done and you think that you can work a little extra... Say, 'Hey... I'd like to take a stab at that. Can I do that?'"**

At school, home, or in your personal life, are there areas where you've noticed something that isn't being done? What is it?

How could you volunteer to try to solve a problem?

- 4. One role model had some interesting advice for us. She said, "Don't be afraid to be uncomfortable."**

Why might the role model have said this? How does it relate to taking initiative?



5. **When you take initiative you may not always get the results that you were hoping for. But one role model reminded us that, “because you took initiative [it] shows how strong you are.”**

Why does taking initiative show that you are strong?

What should you do if you take initiative but you don't get the results that you wanted?

6. **Taking initiative can “...improve your overall satisfaction and understanding, and most importantly, get you recognized by others.”**

At school and in your future career, why might it be important to be recognized by others? How could this recognition help you succeed?
