

Empathy

The video "[Empathy](#)" describes the importance of showing empathy throughout your life. One role model tells listeners that having empathy is the way that we "become more respectful of each other, more tolerant, and more kind and just as a society."

Try This!

A great first step to becoming more empathetic is to identify empathetic language. Using two colors of crayons, shade in each response below. Use one color for empathetic responses and a different color for non-empathetic responses. Then, rewrite the non-empathetic responses to be more kind and respectful.

Who Is Being Empathetic?

I got 100% on the last math quiz. I didn't think it was very difficult.

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Thank you for sharing that with me. I understand it's really hard to talk about.

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It sounds like you've been feeling a little sad. How can I help?

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Yeah, that's nice. But did I tell you about my weekend??

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That doesn't sound that bad. Just forget about it.

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