

# How to Deal with Haters

The video "[How to Deal with Haters](#)" discusses bullying and gives guidance on handling bullying situations. From confiding in trusted friends and adults to focusing on your own great qualities and goals, there are many ways to deal with haters.

## Try This!

Imagine you are a famous advice columnist. Read the letters below. Then respond to each writer by giving advice on how they should handle the situation.

## What Should I Do?

**Dear Guidance Girl,**

There are two girls in my class that have been making mean comments about me online. They make fun of my hair and tease me about things I say in school.

Last week, I told my Aunt Ida what was happening, and she said I should just ignore them. But it's not getting better!

What should I do? Help!

*Feeling Flustered*

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**Dear Guidance Girl,**

Last year, I started a science club at my school. There are four members now, and we always have a lot of fun during our meetings. But, there is a group of girls that have been making fun of us. They call us names and tease us about being uncool.

Some of my friends in the club have been talking about quitting because they're embarrassed.

I don't know what to do, please help!

*Serious Scientist*

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