



Name:

Date:

Designing Your Destiny: Independent Learning Guide

The role models in the video "Designing Your Destiny" share powerful advice and guidance. Listeners learned that they have the power to create the future they want.

Watch the video "[Designing Your Destiny](#)" at least once. Then read each statement below. Think carefully about each question before you answer it.

- 1. One role model told us, "For success, and for personal fulfillment, and for happiness, and for contentment...all of these things in your life that you want...you have to make them happen. You're responsible for them for yourself. No one else can do it for you."

What do you want in your life? What do you think will make you happy? Successful? How does knowing that you are responsible for finding these things make you feel? Why?

- 2. Listeners learned that they have the power to create the life they want.

What steps might someone need to take to create the life they want? Do you think the life you want can happen by chance? Why or why not?



3. Sometimes things go wrong, or challenges pop up that we didn't anticipate.

What can you do when you meet a challenge to ensure you continue to focus on yourself and the life you want? Can you do anything in advance to prepare for possible challenges? What?

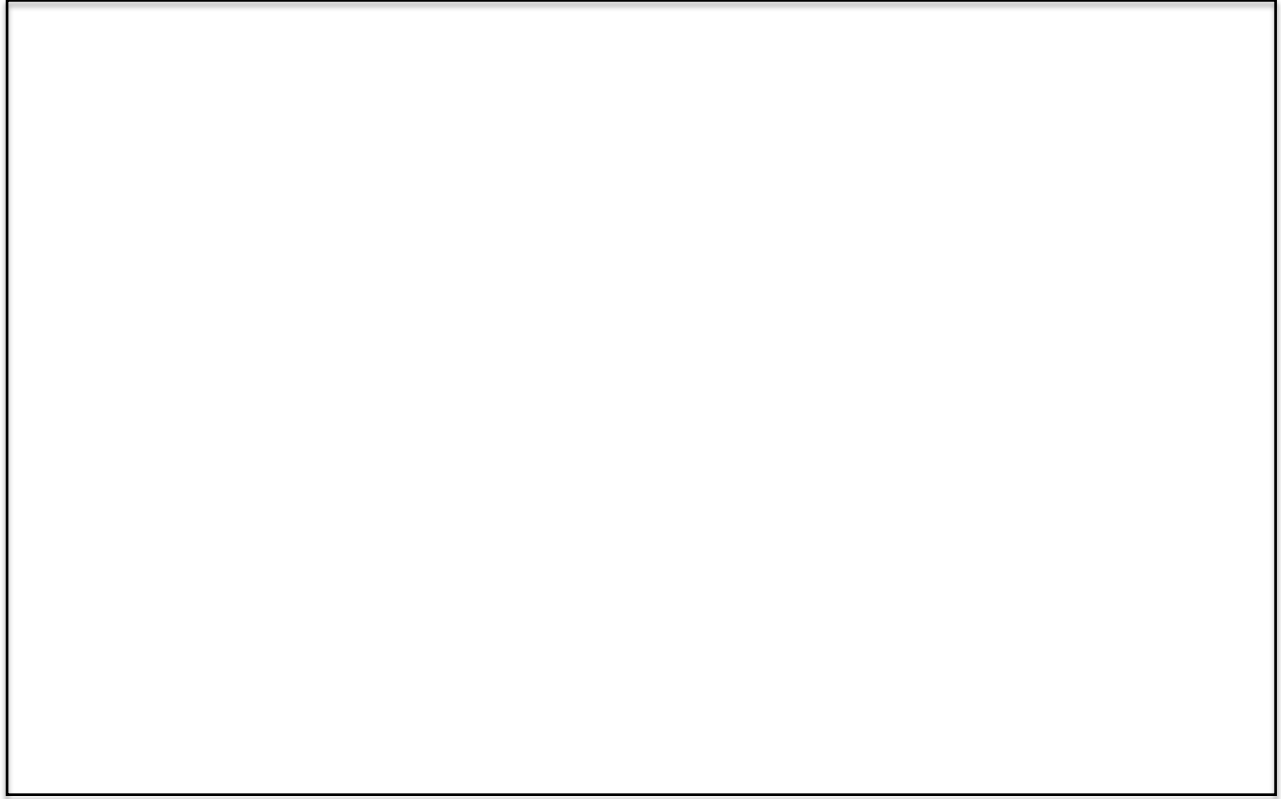
4. A role model explained that some people feel they are in control of their lives and other people feel as if their lives are mostly shaped by external, or outside, forces.

Do you feel that your life is in your control, or do you feel you are controlled by external forces? Why? If someone feels their life is controlled by external forces, what could they do to take more control of their destiny?

5. One role model explained that when thinking about your future and making your way in life, it doesn't matter what anyone in your family has done and it doesn't matter what your friends are doing.

Why is it important to make your own choices, even if they might be different from what others want for you? How can making your own choices affect your happiness and success?

6. Use the box below to draw yourself in the future. What destiny did you design for yourself?



Describe your drawing:
