

# Find Your Spark: Classroom Lesson Plan

## Lesson Topic:

Find Your Spark

## Lesson Objective:

Students will be able to describe methods they could use to discover their passions and list at least four career fields that align with these passions.

## Materials:

- Writing utensils
- Laptops, tablets, or another method for students to gain access to the internet, one per student
- **My Spark** worksheets, one per student
- Whiteboard, overhead, or chart paper
- Projector or other method to watch the video

## Advanced Preparation:

- Preview the [video](#) before sharing it with your students [2:08].
- Make copies of **My Spark**, one per student.

## Warm-up Activity:

1. Ask, "If someone told you to "find your spark," what would that mean?"

2. Direct students to turn and talk to a partner. Then bring the class together to discuss students' ideas.
3. Ensure students understand that "finding your spark" means discovering your passions or things you enjoy.

### **View the Video: "Find Your Spark"**

1. Tell students they will be watching the video titled, "Find Your Spark".
2. Explain that the video shares powerful life advice and guidance from a variety of role models.
3. View the video together and have students listen for pieces of advice shared by the role models. Explain that after the video, they will be working to summarize this advice into 2-3 main points.
4. View the video again; this time, invite students to formulate questions or comments about the ideas discussed in the video. Students should be prepared to discuss these after viewing the video.

### **Video Follow-up:**

1. Ask students to offer their questions, comments, reactions, and responses to the video.
2. Ask, "What wise advice did you hear in the video?"
3. Allow students to briefly chat with a partner. Then bring the class together to discuss their thoughts.
4. Work as a class to summarize the advice in "Find Your Spark" into 2-3 main points. Write these points on the whiteboard, overhead, or chart paper.
5. Distribute **My Spark** worksheets.

6. Direct students to work individually to complete the **My Spark** worksheet. Circulate to assist.
7. Use some or all of the following questions to close the lesson:
  - What is your “spark”? How do you know?
  - What career fields did the Career Quiz suggest? Do any of them sound interesting to you? Why or why not?
  - How could you learn more about these career fields?
  - Why might it be important to find a career that aligns with your spark?
  - What might happen if you select a career field that doesn’t align with your spark?
8. Close the lesson by encouraging students to be curious, discover their passions, and follow these passions wherever they may lead. Reiterate the 2-3 main bullet points of wise advice the class summarized from “Find Your Spark”. Encourage students to discuss their “spark” with their friends and family.



### Extension Activities:

1. Direct students to interview their parents, friends, community members, and others about their “spark” and how they used that spark to find a suitable career.
2. Encourage students to browse career websites such as CareerGirls.org or the Bureau of Labor Statistics Occupational Outlook Handbook (BLS.gov.ooh) to learn more about possible future careers. As desired, this information could be compiled into a report or presentation.
3. Use the “Related Questions to Explore” as discussion springboards or writing prompts to help students further explore their interests.

### Related Questions to Explore:

- If you’re not sure what passions you have, how might you discover them?
- One role model gave listeners the advice to “never close a door”. What does this advice mean to you? How could keeping doors open help you discover your passions?
- Have you ever discovered a passion you didn’t expect? Explain your answer.
- Can you have a lot of passions? Why or why not?

## My Spark

Use the questions below to think about your passions, or the things you are most interested in. Then, navigate to the Career Girls website to input those passions into a career quiz and discover possible future careers that align with your interests!

1. What are your passions or interests in school?

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2. What are your passions or interests at home?

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3. What are your favorite hobbies or ways to spend free time?

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4. What are you really good at? What special skills or talents do you have?

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Now, using the information you wrote down above, navigate to the Career Quiz on the Career Girls website. Follow the directions on the webpage to complete the quiz, then answer the questions below.

List at least four career fields the quiz suggested for you:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_

Which career field sounds the most interesting to you? Why?

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## Ideas for Future Lessons/Activities Related to Exploring Your Passions:

1. Would You Rather...? A Fun Method to Discover Your Spark
2. From Hobby to Business: An Exploration of Common Hobbies that Can Become Profitable Businesses
3. How Do I Become a...? A Deep Dive into Career Paths and Career Traits
4. Supporters of Your Spark: Identifying Caring Adults and Friends to Help on Your Journey
5. Literature-Based Learning: Following the Careers of Famous Female Figures through their Biographies and Autobiographies
6. Ignite Your Spark: Creating a Plan to Move You Closer to Your Passions