



Name:

Date:

Find Your Spark: Independent Learning Guide

The role models in the video "Find Your Spark" share powerful advice and guidance. Listeners learned that they can accomplish anything they set their minds to.

Watch the video "Find Your Spark" at least once. Then read each statement below. Think carefully about each question before you answer it.

- 1. The role models in the video explained that although you don't need to have your entire future planned out, you should explore your passions.

What passions do you have? How do you know they are your passions? Can you think of any careers where you could use these passions?

- 2. One role model told listeners that "whatever you have in your heart, whatever you have a passion for... You can do it. It is possible! If you have the desire to do it, and the passion, and the work ethic, you can do it!"

What do you think might hold people back from reaching their goals? How can you overcome those stumbling blocks to reach your passion?

3. Listeners learned that they should always try something before deciding they don't like it or that it is too scary.

What have you tried recently that scared you? Did you end up liking it? Is this good advice? Why or why not?

4. One role model told us to, "Keep the door open. Don't close any door. Explore absolutely everything!"

What do you think this means? Can you think of a time in your life where you "kept a door open"? What happened?

5. Listeners learned that the things you are interested in can change over time.

Can you think of something you were interested in when you were younger that doesn't interest you anymore? Do you think that all of your current passions will remain your passions into adulthood? Why or why not?



6. The last role model left us with a powerful thought. She shared that when "a job is something that you are passionate about, it doesn't feel like work."

Do you think this is true? Is there anything in your life (at school, a hobby, an afterschool activity) that you love so much it doesn't feel like work?
