

# Public Speaking

The video "[Public Speaking](#)" shows role models describing the importance of public speaking skills. From talking one-on-one with a teacher to presenting in front of the entire class, there are many types of public speaking. Listeners learned that even with lots of public speaking experience, someone might still feel nervous or unsure. But, they've probably discovered tricks to help themselves appear cool and calm on the outside.

## Try This!

In the first box below, draw someone speaking in public that looks unsure of themselves and nervous. In the second box, draw someone speaking in public that looks cool and confident.

## Public Speaking



1. What specifically makes these people look different? Facial expressions? Body language?

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2. Do you think these two people are feeling differently? Why or why not? Do all public speakers that appear confident feel that way inside?

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## Bonus

What can you do the next time you are speaking in public to look more like the speaker in the second picture?